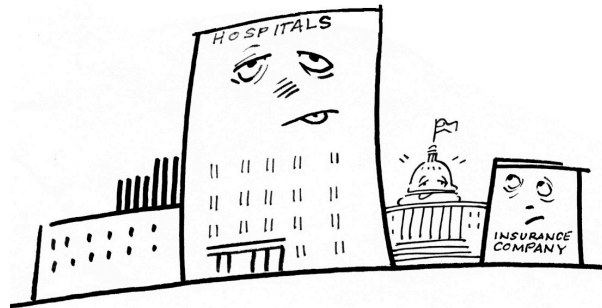


Excerpt from:

***Why health care costs so much:  
The Solution - Consumers***

## INTRODUCTION

### HEALING U.S. HEALTH CARE



You are hearing that the United States health care system is in a crisis, if not terminally ill. This book shows you how to heal it.

This book is about understanding *why* health care costs so much, and how *you* have the power to change it. ...

In our first book, *Your Health Matters: What you need to know about U.S. health care*,<sup>1</sup> we wrote how the U.S. health system is unique in the world. We showed that the U.S. has the world's most advanced and expensive health care. The U.S. is unique in that we provide access to care for every conceivable type of health problem for all U.S. residents....

This book explains why health care costs so much, and then it shows how you are the solution. You might say this book will make you healthier and wealthier.